

Goals

- Do not compromise you or your partner's safety
- Prevent harm to patient and all others involved
- Safe transport of AHS patients to the most appropriate ED

Contact law enforcement

Attempt verbal de-escalation; avoid direct eye contact or encroaching on patient's space

Use reasonable force as physical restraint – avoid circulatory or respiratory compromise; never transport prone or hog-tied

Contact OLMC early if autonomic hyperarousal state is suspected

Chemical restraint may be required for patients who continue to struggle: administer midazolam 5 mg IM or IN; may repeat once

Tips

- Restraint should be left to law enforcement whenever possible (often needs at least 5 people)
- If handcuffs or conductive electrical weapon used, police must accompany patient
- Restrained patients must be closely monitored
- Ensure a clear route of egress